Teru Teru Bozu

Teru Teru Bozu てるてるぼうず
Teru teru bozu dolls are used as a means of willing the rain to stop. It is said that if the smiling doll is hung from your doorway, the rain will cease and the sun will shine.

If there’s an important day coming up such as a school outing and children don’t want it to rain, then they may also make a rain doll and hang it up. It is said that the smiling face works wonders!

The word teru teru bozu means, ‘shine, shine, shaven head’ and is a reference to the bald heads of Buddhist monks who live in Japan.

Making a teru teru bozu

1. Place a ping pong ball, or a ball of cotton wool in the centre of a square of white material/ crepe paper.

2. Pull the material tight around the ball and secure with wool/ string. Leave an overlap of string as this is how you will hang up your doll.

3. Draw on a smiling face and hang up! Your teru teru bozu is now ready to deter the rain!