

## **Paul Budden**

Some 44 years ago, I began to practise and study the Japanese Martial Art of kendo. I was a member of the British team that took bronze in 1987 at the European Kendo Championships in Malmo, Sweden. My initial interest in kendo became a passion and led to me to writing eight books, initially about the technical aspects of kendo but later about its history.

I was the Official Announcer at European Kendo Championships for the European Kendo Federation for over 20 years and Co-Organising Director at the 12th World Kendo Championships in Glasgow, the International Kendo Enbu Taikai in Edinburgh, and a former High grade and Bucho for the British Kendo Association. Technical Director of the Maltese Kendo Federation from its inauguration in 2010 and President up to 2020.

As a recognised authority on British, European and International kendo history and a high-level international kendo instructor – Kyôshi 7-dan, I believe very strongly in maintaining the traditional interpretation of kendo and I'm dedicated to the classical practice of *koryu* (Historic schools) and the philosophy that kendo personifies. Having visited Japan on numerous occasions over many years for study and practice in a continuing quest for knowledge and improvement.

### **Publications to date:**

*Looking at a Far Mountain – A Study of Kendo Kata*. First published in 1992 by Ward Lock a Cassel imprint. 2<sup>nd</sup> Edition re-released in 2000 by Charles Tuttle. 3<sup>rd</sup> Edition 'Revisited' published in 2023 by KDP and in 2024 with Mixam.

*Devil's Gloves and the One Cut – An introduction to Ono-ha Itto ryu Kata*. Published in 2011 by KDP.

*Biographical Portraits – Volume IX. Part 1: Things Japanese – 4*. Published in 2015 for the Japan Society as *The Three Ages of British Kendo*, by Renaissance Books.

*A Truly British Samurai – The exceptional Charles Boxer*. Published in 2015 by Bunkasha International.

*The Oshu Kendo Renmei – A History of British and European Kendo (1885–1974)*. Published in 2017 by Bunkasha International.

*A Man of Many Parts – Portrait of an Inimitable Swordsman*. Published in 2017 by Bunkasha International.

*Paper Butterflies – Unravelling the Mystery of Tannaker Buhicrosan*. Published in 2020 by Gatekeeper Press.

*The Legacy of the Budokwai – A British Kendo History*. Published in 2023 by KDP.