

Haiku workshop

Writing a Haiku – Sports

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Think about a time you were playing a sport or moving your body. Maybe you were winning a game, doing P.E. at school, or practising by yourself. Find a quiet space and imagine you are there again, in the same moment. What did you see and hear? How did you feel?

Now write 3 short 'phrases' – almost sentences – just saying what you remember. e.g. *'I can see my breath in the air'*, *'the sound of the crowd cheering'*

Next quickly write down some 'fragments' – very short lines of no more than 4 words e.g. *'muddy grass'*, *'birds chirping'*, *'loud music playing'*.

Phrase 1: _____

Phrase 2 _____

Phrase 3: _____

Fragments:

1.	4.
2.	5.
3.	6.

Now use the phrases and fragments to make one haiku - the phrase split over two lines – the fragment being line 1 or line 3.

My Haiku:

By _____