

#### Japanese Cultural Workshop and Lecture:

Please let Akemi know which workshop or combination of workshops you would like to have.

Each workshop: 50 minutes - 1 hour duration

#### Talk and Demonstration :

Age range: 7 years upwards to mature students Size of the group: 2 people to 400 people Equipment: 1 x white board and 1 x small table, if for a larger audience requires 1 x microphone

**Kimono (Japanese traditional costume)** – Akemi wears Kimono every day. History of Kimono, how practical wearing Kimono is, demonstrating how to wear Kimono using a model from the audience.

If this talk is at school, we can borrow 30-40 Yukata (a summer style Kimono) from the Japanese embassy in London free of charge. Please call the Cultural Department on 020-7465-6500.

Please prepare to take photos!

### The Tea Ceremony (15th century style) - Akemi brings equipment

History and philosophy, meaning of the movements in the tea ceremony, how to make traditional Japanese tea and also how to drink in in the correct manner. We will use volunteers from the audience.

Japanese Traditional Dance - "Sakura Sakura" - Approx. 7 minutes

Sakura means cherry blossom. This dance is for admiring the beautiful flowers. Cherry blossoms in spring have a very short life span lasting only one week.

**Japanese Etiquette** – Japanese life style and manner is very different from Western ways Example: When you drink tea, it is better to make a slurping noise.

Shinto – Japanese native religion

What people believe and how this is connected with daily life.

Bushido – The way of Samurai warrior

How Samurai's motto and code of conduct was created over the course of Japanese history

**Japanese History** – The current Emperor of Japan is 155<sup>th</sup> generation in a long line of Emperors. Japan is also a nation that has never been invaded successfully.

**The History of Kimono** – This was very popular lecture at the London College of Fashion on the 26<sup>th</sup> October 2011.

**Women's Role and Position in Japan** – Japanese society is quite different from Western society. People are interested in hearing about the position of women in Japan.

**How Japanese People Changed After the Tsunami in 2011** – Over 20000 people died on 11<sup>th</sup> March 2011 due to this natural disaster.

**Japanese Language and Culture** – Introduction to the language, greeting types and writing of Japan. For example, how to bow and behave in Japan.

### Workshop and Talk:

Maximum number is 30 people. If there are assistants, then more people can be managed.

### Japanese Calligraphy

How to hold the brush. Write easy words using Japanese ink and brush. Aim: Writing easy words in Japanese.

## Origami

Make a Japanese crane with your favorite colour paper

# Learning Language Using Anime

By using Anime songs and parts of scenes from Anime, Akemi teaches Japanese language. Duration: 1 hour 30 mins. Equipment: A CD/DVD player

### Japanese Traditional Dance (Nihon Buyo)

Teaching traditional basic dance "Sakura Sakura". This dance represents viewing and appreciating beautiful cherry blossoms in the spring.

Please contact the Japanese Embassy the Cultural Department on 020-7465-6500 to hire Yukata (a summer style cotton Kimono). This is free of charge. Each person should bring with them any kind of folding fan.

# SHORT BIOGRAPHY:

- Akemi has worked for 18 years in U.K.
- A Popular guest speaker in Canada, U.S. Holland for Anime convention.
- Fully CRB checked to work with children in school.
- Member of "Equity " £10 Million public liability insurance

She is the founder of a charity *Aid For Japan*, set up for the orphans of the Tsunami on the 11<sup>th</sup> March 2011 **www.aidforjapan.co.uk** 

If you would like to support this charity, please let Akemi know.