

# 書道 Calligraphy

## Strokes Practice



**Warm up** – Try to trace over the following lines.  
Make sure to hold the brush in the middle, not too close to the top or the bottom.



Thick line

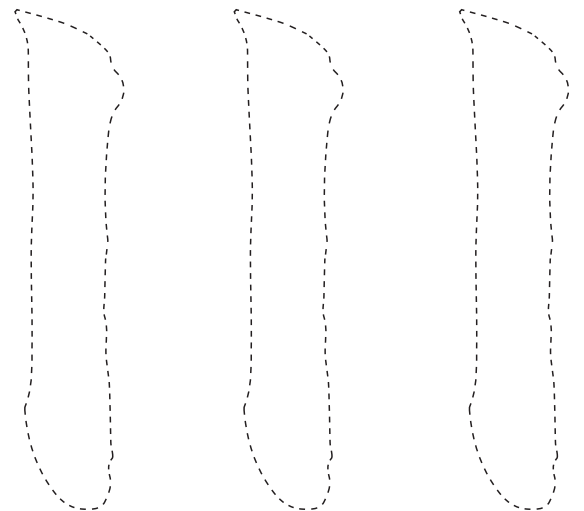
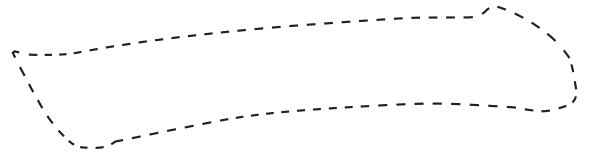
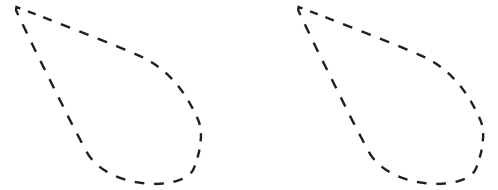
**Tip!** Press down on the brush so a lot of the bristles are touching the paper.

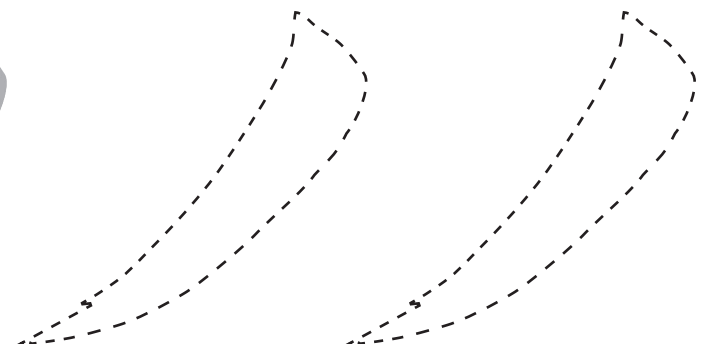
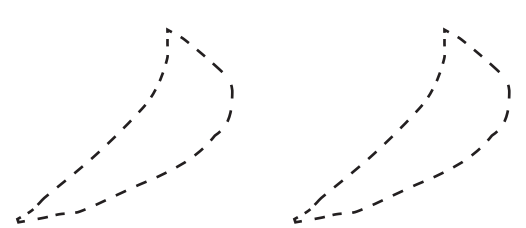
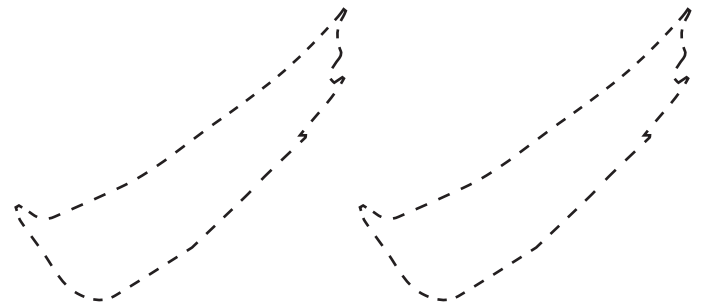
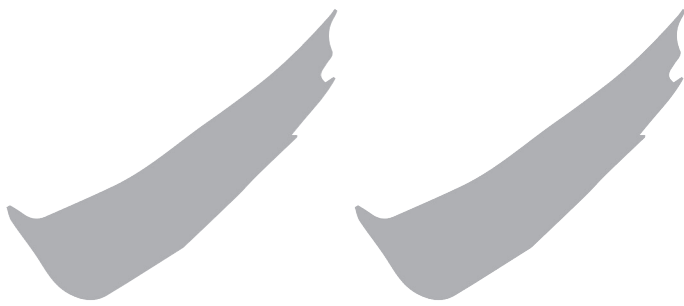
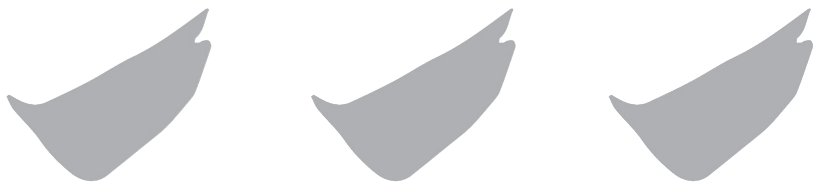
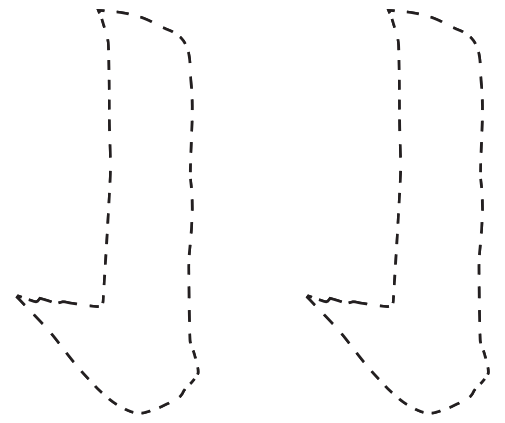
Thin line

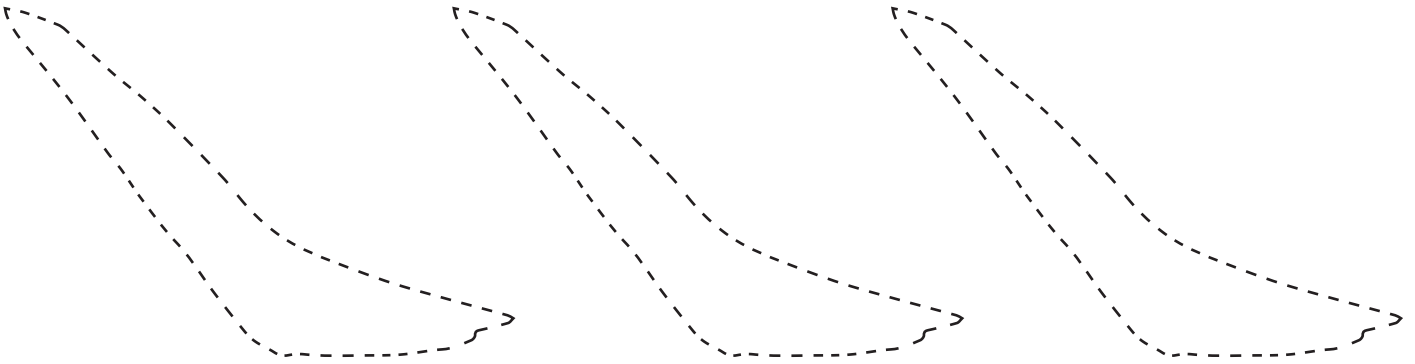
**Tip!** Press only the tip of the brush to the paper very lightly. Draw quickly or the line will be wobbly.

# Basic Strokes

Practice the 8 basic strokes below. Try to trace over then lines below first then draw then on your own.







Now you can try and practice writing some kanji characters by combining strokes, like the ones below!



**Tip!** You don't always need to lift your brush to change direction when moving from one stroke to the next. Simply stop and press brush down as you move into the new direction for the next stroke.

